

# JANUARY 2012



# BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b></p> <p><b>Winter Recess</b></p>	<p><b>3</b></p> <p>Breakfast Meal Kit <b>V WG 2G F</b> Milk White, 1% or Fat Free</p>	<p><b>4</b></p> <p>Turkey Link <b>M</b> Café LA Coffee Cake <b>V 2G</b> Fruit Juice <b>F</b> Milk White, 1% or Fat Free</p>	<p><b>5</b></p> <p>Country Ham &amp; French Toast Sticks <b>WG 2G</b> Seasonal Fresh Fruit <b>F</b> Milk White, 1% or Fat Free</p>	<p><b>6</b></p> <p>Sunshine Omelet with Turkey Bacon <b>M</b> Fruit Juice <b>F</b> Milk White, 1% or Fat Free</p>
<p><b>9</b></p> <p>Breakfast Meal Kit <b>V WG 2G F</b> Milk White, 1% or Fat Free</p>	<p><b>10</b></p> <p>Spanish Quesadilla <b>G</b> Homestyle Wheat Bread <b>WG G</b> California Fresh Fruit <b>F</b> Milk White, 1% or Fat Free</p>	<p><b>11</b></p> <p>Scrambled Egg &amp; Hashed Brown Potatoes <b>M</b> Fruit Juice <b>F</b> Milk White, 1% or Fat Free</p>	<p><b>12</b></p> <p>Variety of Cold Cereal <b>V WG G</b> Graham Crackers <b>V G</b> Seasonal Fresh Fruit <b>F</b> Milk White, 1% or Fat Free</p>	<p><b>13</b></p> <p>Vegetarian Breakfast Bowl <b>M</b> Fruit Juice <b>F</b> Milk White, 1% or Fat Free</p>
<p><b>16</b></p> <p><b>Martin Luther King Holiday</b></p>	<p><b>17</b></p> <p>Turkey Link <b>M</b> Café LA Coffee Cake <b>V 2G</b> California Fresh Fruit <b>F</b> Milk White, 1% or Fat Free</p>	<p><b>18</b></p> <p>Variety of Cold Cereal <b>V WG G</b> Graham Crackers <b>V G</b> Fruit Juice <b>F</b> Milk White, 1% or Fat Free</p>	<p><b>19</b></p> <p>Country Ham &amp; French Toast Sticks <b>WG 2G</b> Seasonal Fresh Fruit <b>F</b> Milk White, 1% or Fat Free</p>	<p><b>20</b></p> <p>Sunshine Omelet with Turkey Bacon <b>M</b> Fruit Juice Milk White, 1% or Fat Free</p>
<p><b>23</b></p> <p>Scrambled Egg &amp; Hashed Brown Potatoes <b>M</b> Fruit Juice <b>F</b> Milk White, 1% or Fat Free</p>	<p><b>24</b></p> <p>Maple Whole Grain Waffle <b>V WG 2G</b> California Fresh Fruit <b>F</b> Milk White, 1% or Fat Free</p>	<p><b>25</b></p> <p>Whole Grain Pancakes with Chicken Sausage Patty <b>WG 2G M</b> Fruit Juice <b>F</b> Milk White, 1% or Fat Free</p>	<p><b>26</b></p> <p>Variety of Cold Cereal <b>V WG G</b> Graham Crackers <b>V G</b> Seasonal Fresh Fruit <b>F</b> Milk White, 1% or Fat Free</p>	<p><b>27</b></p> <p>Spanish Quesadilla <b>G</b> Homestyle Wheat Bread <b>WG G</b> Fruit Juice <b>F</b> Milk White, 1% or Fat Free</p>
<p><b>30</b></p> <p>Spanish Quesadilla <b>G</b> Homestyle Wheat Bread <b>WG G</b> Fruit Juice <b>F</b> Milk White, 1% or Fat Free</p>	<p><b>31</b></p> <p>Turkey Link <b>M</b> Café LA Coffee Cake <b>V 2G</b> California Fresh Fruit <b>F</b> Milk White, 1% or Fat Free</p>	<p><b>V = Vegetarian</b> <b>WG = Whole Grain</b> <b>M = Meat/Meat Alternate</b> <b>G = Grain/Bread</b> <b>V = Vegetable</b> <b>F = Fruit</b></p> <p><b>M &amp; C: 11/28/2011</b></p>	<p><b>USDA is an equal opportunity provider and employer.</b></p>	<p><b>Winter Recess:</b> Balanced School – 12/19/11 to 1/2/12 Early Start School – 12/19/11 to 1/6/12 Single Track – 12/19/11 to 1/6/12 4-Track – 12/19/11 to 1/2/12 3-Track – 12/23/11 to 1/2/12</p>

California Fresh Fruit – Knight’s Local Orange & Green Pear  
Seasonal Fresh Fruit – Apple, Whole & Apple, Slices

Milk Option: FF Lactose Free

Menus are Subject to Change